

BASIC FOOTWORK

Step Touch - Slide - Jumping Jack - (Kick) Ball Change - Cross Steps - Grapevine - Pas de bourree

GROOVES

Bounce - Rock - Wave - Roll - Skate - Hop - Shake

PARTY DANCES

Smurf - Reebok - Prep - Happy Feet - The Guess - The Wop - Cabbage Patch - Biz Markie - Kool Moe Dee

Criss Cross - BK Bounce- Running Man - Roger Rabbit - Camel Walk - Steve Martin - Alf - Bart Simpson

Monastery - Walk it out - Harlem Shake - ATL Stomp

Shamrock - Rollerskate - Jump Rope - Wu Tang - Stomp - Roof Top - Patty Duke

Hip Hop Basics

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